



ORGANIC MEDICINAL HERBS – PLANTING INSTRUCTIONS

MEDICINAL HERBS							
Catnip	P	1-2'	F/D/T/B	DSE/T/DSF	10-14	65-70 deg.F	SUN/PS
Chamomile, German	A	8-18"	F/D/T/B	DSE/T	10-14	65-70 deg.F	SUN
Echinacea	P	2-3'	F/D/T	DSA/T	14-21	65-70 deg.F	SUN
Lemon Balm	A	1-2'	F/D/T/B	DSA/T	7-14	65-70 deg.F	SUN/PS
Sacred Basil	A	18-24"	F/D/T/B	DSA/T	4-10	70-85 deg.F	SUN

Key to Abbreviations

Plant Type: A= annual, B= biennial, P= perennial

Height: Plant height at maturity

Uses: F=fresh, D=dry, T=tincture, O=oil, B=beverage

Sowing: DSE=direct seed early, DSA=direct seed after all danger of frost, T=transplant, DSF=direct seed in the fall

Days to Germ: typical number of days until germination

Germ Temp: ideal temperature for seed germination

Sun/Shade: sunlight preference Sun= full sun, PS= partial shade