



100% Certified Organic, Non-GMO Project Verified Seeds

Mini Romaine Lettuces

What is a mini romaine lettuce? These mini head lettuces are smaller versions of a classic romaine, with the same dense hearts. Originally grown in Europe to great acclaim, this class of lettuces is rapidly gaining popularity in the U.S. with more options emerging on the market every year.



Left to Right: Newham, Pomegranate Crunch, Spretnak, Truchas and Xalbadora

Space Savers The minis' compact structure sets them apart from full size romaine lettuces: they still produce dense, tightly wrapped hearts but reach maturity at a fraction of the height and width of a full size head, making them extremely packable and marketable.

Quick Growing Mini romaine-types can reach maturity a full 10 days earlier than their full sized counterparts, which means more bed space is available faster for planting successions all season.

Extreme Marketability Here are a few reasons chefs, produce buyers and home cooks all love these dense, crisp lettuces, and suggestions on how farmers can market them accordingly:

- They offer a more manageable size for small servings, individuals, or couples
- They're versatile in the kitchen: grilled, braised, or raw, the hearts maintain their satisfying, crisp crunch
- The tight hearts have ridged leaves that hold dressings well
- They're available in reds and greens with blanched hearts for a colorful presentation on the plate

Greater Profit Because of their compact size, higher densities per bed allow for greater population, and therefore greater returns. Growers can still get a good price at market, and customers get the flexibility of buying different colors and types. The smaller size also appeals to customers who might not want a full size head.

FOR FULL SIZE ROMAINE VARIETIES

Bed Size	Rows per bed	Plant Spacing	Heads per bed	Avg Price per head	Gross per bed
4 x 100'	3	16"	240	\$3.50	\$840.00

FOR MINI ROMAINE VARIETIES

4 x 100'	4	8"	500	\$2.25	\$1,125.00
4 x 100'	5	8"	625	\$2.25	\$1,400.00

Strong Disease Resistances Many of High Mowing's mini romaine varieties carry disease packages including resistances to downy mildew, leaf aphid, tomato bushy stunt virus, and lettuce mosaic virus.

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